

Merton College Mentoring: Mentee Tips & Tricks

We're delighted that you're considering participating in the Merton College Mentoring (MCM) programme. Our experience has shown that mentoring can be immensely beneficial, especially for your professional and personal growth. To assist you in getting started and being able to get the most out of MCM, we've compiled some useful tips and tricks.

1

Clarify Your Goals:

- Define your career aspirations and/or professional development objectives. Clear goals will guide you in choosing a mentor with relevant expertise.

3

Prepare Specific Questions:

- Develop a list of questions related to your academic background, career goals, and professional development. This will help you make the most of your mentoring sessions.

5

Set Realistic Expectations:

- Understand that mentors have varying availability and expertise. Set realistic expectations for the frequency and depth of your interactions, keeping in mind both your and your mentor's commitments.

7

Express Gratitude:

- Show appreciation for your mentor's time and guidance. A simple "thank you" goes a long way, and expressing gratitude strengthens the mentor-mentee relationship.

2

Research Your Potential Mentor:

- When choosing a mentor, look into the subject they read, their career path, achievements, and areas of specialisation to ensure that your interests align.

4

Be Open to Diverse Perspectives:

- While academic similarities are beneficial, be open to mentors with diverse experiences. This can broaden your perspective and introduce you to different aspects of your field and career path.

6

Maintain Communication:

- Keep your mentor informed about your progress and achievements. Regular updates help maintain engagement and allow your mentor to offer more tailored guidance.

If you have any further questions before you begin, please reach out to the Development Office at mentoring@merton.ox.ac.uk